

# SGAA Fall Soccer Rules 16U

**Field size:** Approximate length 110 yards long x 70 yards wide

**Ball Size:** #5

**Maximum Number of players on a team:** 18

**Number of Players on the field:** 11 (including goalie)

**Game time:** 40 minute halves with 5 minute halftime

SGAA will utilize North Carolina High School Rules for basic soccer rules, with the addition of the following:

1. Offsides will be called in this league.
2. Slide tackles will result in a free kick with a warning from the referee; if the child slide tackles again, they will be removed from the game. Any sliding action deemed a slide tackle or attempt at a slide tackle will be determined by the referee.
3. Players can get yellow or red carded by the referee only. Players will start fresh each game.
  - a. When a player receives a yellow card, they must leave the field and wait to come back in at the next substitution.
  - b. When a player receives a red card, they must leave the game for the duration are subject to suspension from subsequent games at the discretion of the SGAA Board.
4. Substitutions: May be made prior to the throw-ins (in your favor), goal kicks, after a goal has been scored, between halves, when a referee has stopped play due to an injury or after a player has been cautioned.
5. Minimum number of players: If a team, after game has started, drops to less than 4 players then the game will be halted and whichever team is in the lead will be declared the winner; if a tie – the game will stand as a tie.
6. Head coaches can have a team mom and a board approved assistant coach only on the sideline during the game.
7. The referee will stop the play for a player to tie their shoes. Game time will continue.
8. Heading: allowed for leagues with ages 13 and older.
9. Tie games: games will end in a tie

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10. Season standings will be based on a point system. Each win will earn a team 3 points, a tie will earn each team 1-point and a loss will earn no points.
11. At the end of the season, a tie for first place will be broken by goal differential
12. Trophies will be awarded to all players on the winning team for the regular season and the winning team for the tournament. All other trophies will be the responsibility of the parents.
13. Parents will sit/stand on the opposite side of the field from the players benches; parents are not allowed to sit/stand behind the goal, at the corners of the field or on the player side of the field. Parents are allowed to sit on the bleachers provided by the athletic park.